Open Spa

Treatment Menu 2025

Carde Miles

Harmony starts here

TREATMENT MENU

Welcome to Open Spa: A gentle return to balance

Serenity is one of the most powerful remedies for modern life's often frenetic pace — even when that life is lived in Ibiza. At Open Spa, our purpose is simple: to create the space, ambience, and treatments you need to feel both renewed and deeply restored, while creating unique moments when the outside world falls away, and all that remains is you—at ease, unhurried, and at one with yourself.

01	Aqua Spa
02	Rituals
03	Massages
04	Facial Treatments
05	Body Treatments
06	Open Beauty
07	Complements

01 AQUA SPA

Water, our body's most liberating habitat

Since ancient times, water has been used to restore balance, vitality, and calm. At Open Spa, it becomes your element of release and renewal.

Hydrotherapy Circuit

This space is dedicated to the sensory power of water in all its forms-warming, cooling, flowing and still.

Discover a circuit designed to awaken and soothe: heated whirlpool baths, contrast pools, an icy plunge, hammam, sauna, aroma and contrast showers, and a quiet relaxation area with heated loungers.

Access to Aqua is included when you book any Open Spa massage or treatment.



- 01 Initial showers 12 02 13 Dynamic pool 03 Waterfall 14 04 Volcanoes 15 05 Jets 16 06 Jacuzzi 17 07 Cold water pool 18 08 Crosscurrents pool 19 09 Swan necks 20 10 Shower 21 11 Kneipp way 22 Hot/cold contrast
- 2 Sauna
 - 13 Bithermal Scottish shower
 - 14 Ice lounge with ice fountain
 - 15 Cold shower
 - 16 Hammam
 - 17 Fog shower
 - 18 Tropical shower
 - 19 Relax area
 - 20 Heated loungers
 - 21 Balinese beds
 - 2 WC

Our Rituals: Care becomes quiet ceremony

Two gentle curative choreographies of warmth, skilled hands and stillness-restoring not just the body, but the self. **What** A full-body journey of deep relaxation, renewal, and radiant nourishment—designed to cocoon you in care and celebrate your inner and outer beauty. A body exfoliation, a facial treatment and a relaxing massage.

How The ritual begins with an application of warm, soft blankets and a sense of stillness. A revitalizing marine exfoliation prepares the skin, followed by the gentle heat of herbal pouches to release tension and soothe the senses. A flowing full-body massage with aromatic oil restores ease, and the experience concludes with a luminous facial to nourish and brighten the skin. A multisensory voyage of textures, scents, and quiet attention—returning your body and mind to harmony.

RITUAL 02

Restorative Ritual

100 min

410€

What A targeted ritual designed to release your muscular tension calm the nervous system, and bring full-body and mind renewal.

How We begin with a deeply therapeutic massage focused on tension relief and muscular recovery following by a refreshing balm applied to the back. Muscles are lengthened, softened, and soothed with expert hands. The ritual continues with a lifting effect facial massage and a cervicocranial massage—quieting the mind and awakening a profound sense of rest. Ideal for recovery, release, and reconnection. A cold balm is applied to help relax muscle tension.

Our massages: Where every touch creates a new you

Our collection of signature massages designed to ease tension, restore flow and bring the body back into shape-each one designed for a different kind of awakening. Thai Touch

What This fully therapeutic massage that draws on traditional Thai techniques to release accumulated stress through a combination of deep muscular work and assisted stretching.

How Inspired by Thai healing practices, using energizing algaebased oil we blend deep tissue therapy with gentle, rhythmic stretches to unlock fatigue and release tension from muscles and joints. The experience brings a profound sense of lightness, ease of movement, and renewed breath—leaving both body and mind refreshed. Performed with energizing algae-based oil.

MASSAGE 02

Deep Touch

50 - 75 min

230 - 295€

What A targeted inner tissue massage designed to discover and relieve deep-seated tension and ease soreness throughout the body.

How We begin with warm herbal sachets to calm pain and prepare the body for deep therapeutic work. Slow, deliberate movements then dissolve tension layer by layer. An refreshing balm is applied to the back, while a CBD-infused oil support muscle recovery and bring the body into a state of calm, weightless ease. Performed with CBD-infused oil.

MASSAGE 03

Relaxing Touch

50 - 75 min

215 - 275€

What This full-body massage designed to comfort, soothe, and embrace—releasing tension from both muscles and mind, infusing you with a sense of calm and self-love.

How With slow, sedative massage techniques, we use continuous, rhythmic movements to create a cocoon of stillness and emotional warmth. A moment of pause, care, and tenderness, performed with a calming algae-based oil.

What A fully personalized wellness experience that blends deep tissue therapy with the healing warmth of hot stones—designed to release stress, ease tension, and restore energy.

How This anti-fatigue treatment, performed with your choice of energizing ginger and orange oil or CBD-infused oil, combines therapeutic massage techniques with the restorative power of heat. With slow, deep movements, we work into the muscles and joints to reduce inflammation and stiffness, while hot stones soothe both body and mind.

MASSAGE 05	Prenatal Touch	75 min	275€	
		pregnancy—bringing comfort, calm, and gentle energy to both		
	is tailored to each stage of leg, and muscle discomfort Movements are soft, slow, a	calming, pregnancy-safe oil, th pregnancy. Our technique ease while creating a deep sense o and reassuring—designed to re ng this precious period in your	es back, If serenity. elax the	
MASSAGE 06	Reflexology Touch	50 min	215€	
		nt finding focused on stimulatir restoring energetic balance th	•	
	and hands, we activate the blockages are identified and restore flow, and rebalance	se pressure to mapped points of body's natural healing respons d released—helping to ease di your internal systems. Common hes and digestive tension ofter	se. Energy scomfort on issues	

your body reawakens from within.

04 FACIAL TREATMENTS

Our facial treatments: Ritual meets radiance

295€

What A lifting, age-defying facial designed to regenerate the skin, redefine contours and reveal a luminous, more sculpted you.

How Our signature Open Spa ritual blends advanced Anne Semonin actives—including pearl and rose extracts—with cryotherapy and lifting massage techniques to firm, brighten and smooth. A combination of amino-acid-rich formulas and expert movements help stimulate regeneration, ease signs of fatigue, and restore natural radiance. The result is a visibly firmer, more vibrant complexion with renewed vitality.

FACIAL 02	Tailored Caress	50 min	235€
	What A fully personalized facial unique needs—bringing balance, cl complexion.	designed to meet your skin's arity, and radiance to every	
	How After a deep cleanse and e intensive complex and a custom ma skin type. A draining facial massage while a hand, foot, or scalp massag relaxation. The ritual concludes with products tailored to extend your ski radiant and harmonized skin.	e restores tone and luminosity, le adds a layer of full-body n a selection of Anne Semonin	ır
FACIAL 03	Rejuvenating Ocean Caress	75 min	280€
	What A deeply purifying and rejudetoxify, hydrate, and reawaken you	uvenating facial designed to ur skin.	
	How Harnessing the power of n Voya's double-mask ritual, this treat nourishes the skin from within. Deer restore vitality, improve elasticity, ar and wrinkles. The result is skin that beautifully renewed.	p hydration and targeted mass nd soften the appearance of lir	sage

What A clarifying and revitalizing facial designed to renew stressed skin and restore balance.

How We begin with a detoxifying cleanse and exfoliation, followed by an anti-aging massage and a deeply restorative mask. Sonic pulse technology enhances product absorption, targeting signs of dehydration, sensitivity, and congestion. Powered by high-performance organic formulas, this treatment calms your skin, evens its tone, and leaves your complexion refreshed and radiant. A clarifying and revitalizing facial, using Voya products, designed to renew stressed skin and restore balance.

FACIAL 05	Mosturizing Caress	50 min	245€
	reduce fine lines and awaken your r	nis Expert™ formulations and les, this treatment boosts skin From the very first session, yo	ur
ADD-ON	Light Caress		+ 50€
	What A non-invasive LED light therapy treatment that activates your skin from within to rebalance, firm and restore radiance.		
	Why Using a seven-spectrum LED light mask with infrared intensifiers, this innovative Elemis Expert [™] treatment stimulates collagon production, college inflammation and improves skip topo		

collagen production, calms inflammation and improves skin tone. Each wavelength is adapted to your skin's specific needs, targeting dullness, blemishes, sensitivity or signs of aging. The result is firmer, clearer, more even skin-revitalized from the inside out. 05 BODY BEAUTY

Bringing your body's harmony back

Our bodies remember everything. These treatments release, refine and bring you gently back to your natural state.

What

50 min

revitalize the skin and restore natural balance.

How We begin with a full-body dry brushing to stimulate circulation and prepare the skin. An organic seaweed gel wrap, rich in antioxidants and marine minerals, is then applied to hydrate, tone, and support your body's natural detox process. As the wrap works, fatique melts away and the skin is protected from environmental stress. The result is a smoother, firmer and more luminous bodyrebalanced and renewed.

BODY TREATMENT 02	Sculpting Contour	50 min	280€	
	What A high-performance tone, and visibly smooth the b	sculpting massage designed body.	to shape,	
	How This treatment blends firm, thythmic movements with precise drainage techniques to stimulate circulation and remodel the silhouette. Focused manual work targets the appearance of cellulite, firms the skin and refines body contours-leaving your skin smoother, legs lighter and the whole body more defined. Ideal as a reset or pre-summer ritual, it delivers visible, energizing results from the first session.			
BODY TREATMENT 03	Salt Exfoliating Contour	50 min	225€	
	What A luxurious exfoliatin leaves your skin silky, radiant,	ng ritual that smooths, stimul , and ready to glow.	ates, and	
	Why This revitalizing body suspended in a blend of coco to exfoliate and nourish. Deac boosted, and the skin is left so with a layer of rich frangipania skin and senses—leaving you or celebration.	d cells are swept away, circul oft, even, and illuminated. Fin cream, the treatment lingers	mond oils lation is nished on both	

06 OPEN BEAUTY

Beauty is personal and so is our approach

From expert colour and styling to thoughtful nail care and make-up designed for real life, every detail is tailored to enhance your features and restore your natural allure. Each treatment begins with a complimentary consultation.

HAIR	Our hair rituals, created in collaboration with MAISC performed by a highly skilled team trained in the lat and tailored to your taste and needs.	
	Oribe Official Room	From 100€
	Treatments are fully personalized and carried out us formulas—free from sulphates, parabens, and glute vegetarian, and safe for colour and keratin-treated I	en, cruelty-free,
	Colouring	From 200€
	We offer the latest colour techniques, balayage, col blonde, colour shades EQ and much more.	our brush, ombre,
	Our stylists will assess you on your hair's ideal tech	nique.
	Full-service babershop:	
	Gentleman's cuts, shaves and tocuh-ups	From 75€
	Manicure	From 100€
	offering advanced care that combines health and b	-
	Pedicure	From 120€
	At an extra charge we offer a delicate selection of c	colours for your
	nails, both in traditional and semi-permanent nail po	olish.
MAKE-UP & EYEBROWS	Our make-up and eyebrow bar is ready to get you r occasion, focused on all skin types and giving you UV protection, all-day look.	
	Personalised make up	From 175€
	Natural looking eyelash lift and tint	From 75€
	Threading and much more	From 50€
	We invite you to visit the salon so that we can provi	ide a more

We invite you to visit the salon so that we can provide a more accurate evaluation.

Keep treating yourself

COMPLEMENTS

Small extras, each one designed to deepen your treatment or bring comfort where it's needed most.

01	Facial mask	07	Anti-tension back balm
		—	
02	Eye patches	08	Tired legs balm
03	Lip mask	09	Aloe vera
—		_	
04	Foot mask	10	CBD oil infusion
		_	
05	Hand mask	11	Romantic setting
			5
06	Cryotherapy facial cubes		
	-)		

WAXING

Picture-perfect skin, done by expert hands.

01	Full legs	06	Upper lip
02	Lower legs	07	Chest
03	Bikini	08	Arms
04	Full pubic	09	Back
05	Eyebrows		

GENERAL INFORMATION

Romantic Spa Suite

Any treatment can be shared as a couple in our Romantic Suite. Please ask at reception for details.

Open Spa Boutique

Our boutique offers a selection of facial and body products, perfumes, sun, care and accesories-for personal rituals or thoughtful gifting.

Gift Vouchers

Open Spa vouchers can be tailored to make the perfect gift. Please note that all vouchers carry an expiry date and are non-refundable.

Hotel guest in-Suite Treatments

Enjoy your massage or treatment in the privacy of your room. Available upon request with a 50% supplement. Subject to availability.

Open Experience

Any treatment or massage at the Open Spa includes 90 minutes of rejuvenation in the Aqua Spa circuit; however, this does not apply to treatments offered at Open Beauty by Maisolence.

Waxing Services

Waxing treatments are available upon request. Please inquire at reception.

Arrival Time

Please arrive at least 15 minutes before your scheduled treatment to allow time to change into our bathrobes and relax. Late arrivals may result in a shorter treatment, and no-shows or arrivals more than 15 minutes late will be charged in full.

Cancellation Policy

For hotel guests, cancellations must be made at least 5 hours in advance. Otherwise, the full cost of the treatment will be charged. For external guests, a credit card is required to confirm your booking. Late cancellations or missed appointments will be charged in full.

Access Policy

Open Spa facilities, including Open Aqua and Open Fitness, are reserved for guests aged 18 and over.

Spa Hours

April & October: daily from 8:30 am to 9:30 pm. May to September: daily from 8:00 am to 10:00 pm.