

Open Spa

Treatment Menu
2025

Harmony starts here



Welcome to Open Spa: A gentle return to balance

Serenity is one of the most powerful remedies for modern life's often frenetic pace —even when that life is lived in Ibiza. At Open Spa, our purpose is simple: to create the space, ambience, and treatments you need to feel both renewed and deeply restored, while creating unique moments when the outside world falls away, and all that remains is you—at ease, unhurried, and at one with yourself.

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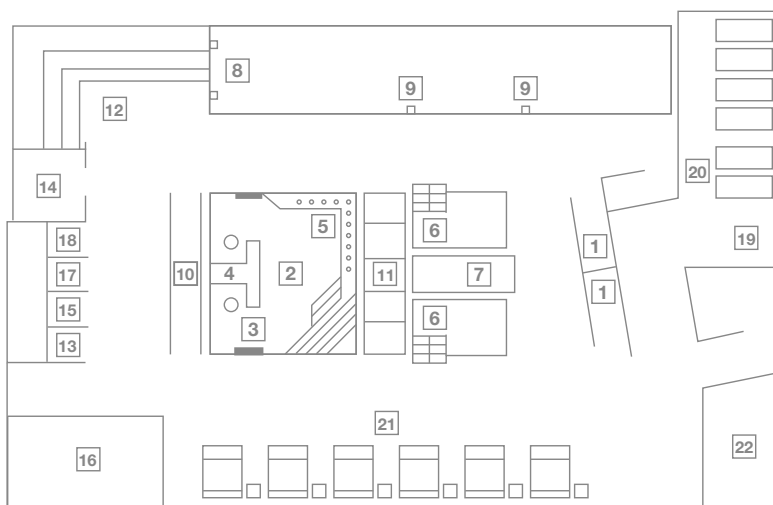
Water, our body's most liberating habitat

Since ancient times, water has been used to restore balance, vitality, and calm. At Open Spa, it becomes your element of release and renewal.

This space is dedicated to the sensory power of water in all its forms-warming, cooling, flowing and still.

Discover a circuit designed to awaken and soothe: heated whirlpool baths, contrast pools, an icy plunge, hammam, sauna, aroma and contrast showers, and a quiet relaxation area with heated loungers.

Access to Aqua is included when you book any Open Spa massage or treatment.



- | | |
|------------------------------------|---------------------------------|
| 01 Initial showers | 12 Sauna |
| 02 Dynamic pool | 13 Bithermal Scottish shower |
| 03 Waterfall | 14 Ice lounge with ice fountain |
| 04 Volcanoes | 15 Cold shower |
| 05 Jets | 16 Hammam |
| 06 Jacuzzi | 17 Fog shower |
| 07 Cold water pool | 18 Tropical shower |
| 08 Crosscurrents pool | 19 Relax area |
| 09 Swan necks | 20 Heated loungers |
| 10 Shower | 21 Balinese beds |
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Hot/cold contrast | 22 WC |

Our Rituals: Care becomes quiet ceremony

Two gentle curative choreographies of warmth, skilled hands
and stillness-restoring not just the body, but the self.

What A full-body journey of deep relaxation, renewal, and radiant nourishment—designed to cocoon you in care and celebrate your inner and outer beauty. A body exfoliation, a facial treatment and a relaxing massage.

How The ritual begins with an application of warm, soft blankets and a sense of stillness. A revitalizing marine exfoliation prepares the skin, followed by the gentle heat of herbal pouches to release tension and soothe the senses. A flowing full-body massage with aromatic oil restores ease, and the experience concludes with a luminous facial to nourish and brighten the skin. A multisensory voyage of textures, scents, and quiet attention—returning your body and mind to harmony.

What A targeted ritual designed to release your muscular tension, calm the nervous system, and bring full-body and mind renewal.

How We begin with a deeply therapeutic massage focused on tension relief and muscular recovery, followed by a refreshing balm applied to the back. Muscles are lengthened, softened, and soothed with expert hands. The ritual continues with a lifting effect facial massage and a cervicocranial massage—quieting the mind and awakening a profound sense of rest. Ideal for recovery, release, and reconnection. A cold balm is applied to help relax muscle tension.

Our massages:
Where every touch
creates a new you

Our collection of signature massages designed to ease tension, restore flow and bring the body back into shape-each one designed for a different kind of awakening.

What This fully therapeutic massage that draws on traditional Thai techniques to release accumulated stress through a combination of deep muscular work and assisted stretching.

How Inspired by Thai healing practices, using energizing algae-based oil we blend deep tissue therapy with gentle, rhythmic stretches to unlock fatigue and release tension from muscles and joints. The experience brings a profound sense of lightness, ease of movement, and renewed breath—leaving both body and mind refreshed. Performed with energizing algae-based oil.

What A targeted inner tissue massage designed to discover and relieve deep-seated tension and ease soreness throughout the body.

How We begin with warm herbal sachets to calm pain and prepare the body for deep therapeutic work. Slow, deliberate movements then dissolve tension layer by layer. An refreshing balm is applied to the back, while a CBD-infused oil support muscle recovery and bring the body into a state of calm, weightless ease. Performed with CBD-infused oil.

What This full-body massage designed to comfort, soothe, and embrace—releasing tension from both muscles and mind, infusing you with a sense of calm and self-love.

How With slow, sedative massage techniques, we use continuous, rhythmic movements to create a cocoon of stillness and emotional warmth. A moment of pause, care, and tenderness, performed with a calming algae-based oil.

What A fully personalized wellness experience that blends deep tissue therapy with the healing warmth of hot stones—designed to release stress, ease tension, and restore energy.

How This anti-fatigue treatment, performed with your choice of energizing ginger and orange oil or CBD-infused oil, combines therapeutic massage techniques with the restorative power of heat. With slow, deep movements, we work into the muscles and joints to reduce inflammation and stiffness, while hot stones soothe both body and mind.

What A nurturing massage created to support and celebrate pregnancy—bringing comfort, calm, and gentle energy to both mother and baby.

How Performed with a calming, pregnancy-safe oil, this massage is tailored to each stage of pregnancy. Our technique eases back, leg, and muscle discomfort while creating a deep sense of serenity. Movements are soft, slow, and reassuring—designed to relax the body, soothe the mind during this precious period in your life.

What A holistic treatment finding focused on stimulating the body's internal system and restoring energetic balance through the art of reflexology.

Why By applying precise pressure to mapped points on the feet and hands, we activate the body's natural healing response. Energy blockages are identified and released—helping to ease discomfort restore flow, and rebalance your internal systems. Common issues such as back pain, headaches and digestive tension often soften as your body reawakens from within.

Our facial treatments: Ritual meets radiance

Your skin has its own language. These treatments listen,
renew and return your glow from within.

What A lifting, age-defying facial designed to regenerate the skin, redefine contours and reveal a luminous, more sculpted you.

How Our signature Open Spa ritual blends advanced Anne Semonin actives—including pearl and rose extracts—with cryotherapy and lifting massage techniques to firm, brighten and smooth. A combination of amino-acid-rich formulas and expert movements help stimulate regeneration, ease signs of fatigue, and restore natural radiance. The result is a visibly firmer, more vibrant complexion with renewed vitality.

What A fully personalized facial designed to meet your skin's unique needs—bringing balance, clarity, and radiance to every complexion.

How After a deep cleanse and exfoliation, we apply a targeted intensive complex and a custom mask chosen specifically for your skin type. A draining facial massage restores tone and luminosity, while a hand, foot, or scalp massage adds a layer of full-body relaxation. The ritual concludes with a selection of Anne Semonin products tailored to extend your skin's glow. The result is refined, radiant and harmonized skin.

What A deeply purifying and rejuvenating facial designed to detoxify, hydrate, and reawaken your skin.

How Harnessing the power of mineral-rich laminaria algae and Voya's double-mask ritual, this treatment cleanses, smooths, and nourishes the skin from within. Deep hydration and targeted massage restore vitality, improve elasticity, and soften the appearance of lines and wrinkles. The result is skin that feels firmer, more supple and beautifully renewed.

What A clarifying and revitalizing facial designed to renew stressed skin and restore balance.

How We begin with a detoxifying cleanse and exfoliation, followed by an anti-aging massage and a deeply restorative mask. Sonic pulse technology enhances product absorption, targeting signs of dehydration, sensitivity, and congestion. Powered by high-performance organic formulas, this treatment calms your skin, evens its tone, and leaves your complexion refreshed and radiant. A clarifying and revitalizing facial, using Voya products, designed to renew stressed skin and restore balance.

What A lifting and hydrating facial designed to firm the skin, reduce fine lines and awaken your natural glow.

How Using clinically proven Elemis Expert™ formulations and specialized lifting massage techniques, this treatment boosts skin elasticity while deeply moisturizing. From the very first session, your skin feels smoother, plumper, and more luminous—visibly refreshed and redefined.

What A non-invasive LED light therapy treatment that activates your skin from within to rebalance, firm and restore radiance.

Why Using a seven-spectrum LED light mask with infrared intensifiers, this innovative Elemis Expert™ treatment stimulates collagen production, calms inflammation and improves skin tone. Each wavelength is adapted to your skin's specific needs, targeting dullness, blemishes, sensitivity or signs of aging. The result is firmer, clearer, more even skin—revitalized from the inside out.

Bringing your body's harmony back

Our bodies remember everything. These treatments release,
refine and bring you gently back to your natural state.

BODY TREATMENT 01

Algae Wrap Contour

50 min

220€

What A deeply hydrating, muscle-soothing wrap designed to revitalize the skin and restore natural balance.

How We begin with a full-body dry brushing to stimulate circulation and prepare the skin. An organic seaweed gel wrap, rich in antioxidants and marine minerals, is then applied to hydrate, tone, and support your body's natural detox process. As the wrap works, fatigue melts away and the skin is protected from environmental stress. The result is a smoother, firmer and more luminous body—rebalanced and renewed.

BODY TREATMENT 02

Sculpting Contour

50 min

280€

What A high-performance sculpting massage designed to shape, tone, and visibly smooth the body.

How This treatment blends firm, rhythmic movements with precise drainage techniques to stimulate circulation and remodel the silhouette. Focused manual work targets the appearance of cellulite, firms the skin and refines body contours—leaving your skin smoother, legs lighter and the whole body more defined. Ideal as a reset or pre-summer ritual, it delivers visible, energizing results from the first session.

BODY TREATMENT 03

Salt Exfoliating Contour

50 min

225€

What A luxurious exfoliating ritual that smooths, stimulates, and leaves your skin silky, radiant, and ready to glow.

Why This revitalizing body polish uses lime, ginger, and sea salt suspended in a blend of coconut, bergamot, and sweet almond oils to exfoliate and nourish. Dead cells are swept away, circulation is boosted, and the skin is left soft, even, and illuminated. Finished with a layer of rich frangipani cream, the treatment lingers on both skin and senses—leaving you smooth, luminous, and ready for sun or celebration.

Beauty is personal
and so is our approach

From expert colour and styling to thoughtful nail care and make-up designed for real life, every detail is tailored to enhance your features and restore your natural allure. Each treatment begins with a complimentary consultation.

HAIR

Our hair rituals, created in collaboration with MAISOLENCE, are performed by a highly skilled team trained in the latest techniques and tailored to your taste and needs.

Oribe Official Room

From 100€

Treatments are fully personalized and carried out using Oribe formulas—free from sulphates, parabens, and gluten, cruelty-free, vegetarian, and safe for colour and keratin-treated hair.

Colouring

From 200€

We offer the latest colour techniques, balayage, colour brush, ombre, blonde, colour shades EQ and much more.

Our stylists will assess you on your hair's ideal technique.

Full-service babershop:

Gentleman's cuts, shaves and tocutu-ups

From 75€

NAILS

The manicure and pedicure treatments for men and women are carried out with the latest techniques and with the collaboration brands, offering advanced care that combines health and beauty.

Manicure

From 100€

Pedicure

From 120€

At an extra charge we offer a delicate selection of colours for your nails, both in traditional and semi-permanent nail polish.

MAKE-UP & EYEBROWS

Our make-up and eyebrow bar is ready to get you ready for every occasion, focused on all skin types and giving you a water-resistant, UV protection, all-day look.

Personalised make up

From 175€

Natural looking eyelash lift and tint

From 75€

Threading and much more

From 50€

We invite you to visit the salon so that we can provide a more accurate evaluation.

Keep treating yourself

COMPLEMENTS

Small extras, each one designed to deepen your treatment or bring comfort where it's needed most.

01	Facial mask	07	Anti-tension back balm
02	Eye patches	08	Tired legs balm
03	Lip mask	09	Aloe vera
04	Foot mask	10	CBD oil infusion
05	Hand mask	11	Romantic setting
06	Cryotherapy facial cubes		

WAXING

Picture-perfect skin, done by expert hands.

01	Full legs	06	Upper lip
02	Lower legs	07	Chest
03	Bikini	08	Arms
04	Full pubic	09	Back
05	Eyebrows		

GENERAL INFORMATION

Romantic Spa Suite

Any treatment can be shared as a couple in our Romantic Suite. Please ask at reception for details.

Open Spa Boutique

Our boutique offers a selection of facial and body products, perfumes, sun, care and accessories-for personal rituals or thoughtful gifting.

Gift Vouchers

Open Spa vouchers can be tailored to make the perfect gift. Please note that all vouchers carry an expiry date and are non-refundable.

Hotel guest in-Suite Treatments

Enjoy your massage or treatment in the privacy of your room. Available upon request with a 50% supplement. Subject to availability.

Open Experience

Any treatment or massage at the Open Spa includes 90 minutes of rejuvenation in the Aqua Spa circuit; however, this does not apply to treatments offered at Open Beauty by Maisolence.

Waxing Services

Waxing treatments are available upon request. Please inquire at reception.

Arrival Time

Please arrive at least 15 minutes before your scheduled treatment to allow time to change into our bathrobes and relax. Late arrivals may result in a shorter treatment, and no-shows or arrivals more than 15 minutes late will be charged in full.

Cancellation Policy

For hotel guests, cancellations must be made at least 5 hours in advance. Otherwise, the full cost of the treatment will be charged. For external guests, a credit card is required to confirm your booking. Late cancellations or missed appointments will be charged in full.

Access Policy

Open Spa facilities, including Open Aqua and Open Fitness, are reserved for guests aged 18 and over.

Spa Hours

April & October: daily from 8:30 am to 9:30 pm.

May to September: daily from 8:00 am to 10:00 pm.